



Support, Vision, Friendship

The Official Newsletter of the SVF Moms' Group. Sponsored by St. Vincent Ferrer Parish

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Happy New Year

On January 6, 2010, the SVF Moms' Group kicked off the New Year with a Favorites Theme Night. We were asked to bring in our favorite book, pictures, food and/or music to share with the group. As mothers, many of our favorites were pictures and stories of our children at different stages of their lives.

Meg Runk shared her favorite book to read to her kids "Oh the places we will go" by Dr. Seuss and Heather Leland shared that her favorite candy was peanut M&Ms. It was a fun evening of sharing and a great way to start off the New Year.

How it all began...

It all goes back to GIFT classes at St. Vincent Ferrer back in 2002. Bartley Jutze, Dawn Werling, and Heather Leland were all involved that year. We all had small children just born and were a part of GIFT that year. It had been Bartley's dream to start a Moms group at St. Vincent. Dawn and I loved the idea and were willing to help however we could.

We held our 1st meeting in Room B of SVF and made a flyer and hoped and prayed 1 person would come. That night 4 years ago we had 9 moms from SVF come and check us out. We were so excited and knew this group would continue to grow and it did. Thanks to Bartley and all the moms who join us monthly who make SVF Moms' Group is what it is today.

Heather Leland

WHO ARE WE?

SVF Moms' group is NOT just for moms of preschoolers or young children. We are a group of moms who like to get out once a month and socialize, do fun activities and plan outings. Our children are newborns, toddlers, preschoolers, elementary aged kids, and so on. There is no age limit and we welcome all moms of SVF parish!!

Welcome New Members



Beth Ramsey—children: Will & Kate
Lindsey Gailles—child: John Paul

Quiet Reflections

- ✦ *God takes our deficits and makes them his offerings to our children and our world.*
- ✦ *Each of us is divinely chosen to be the mother of each child under our care.*
- ✦ *As long as we think we can handle it all, we will. Unless we grasp what we can't do, we won't have a clue to what God can do.*

Past Events



This past October, the SVF Moms' Group sponsored a Kids Pumpkin Decorating party at Blue Ash Nature Center. Several families came to participate in this fun activity.

Thanks to Dawn Werling for providing the pumpkins and decorations for the kids to enjoy!

Announcements & Congratulations!



Congratulations to the Wordeman family on the birth of their daughter Margaret Clare "Margo", born November 17, 2009.

Congratulations on the upcoming births for the Sichel family and the Clark family in 2010.

Calling All Scrappers...

On the third Thursday of every month, the SVF Moms' Group sponsors a Scrapbooking Night from 5:00 pm-10:00 in the school cafeteria. We supply the table space, drinks, great conversation and lots of ideas—all you need to bring are your supplies and a snack to share.

Whether you are an experienced scrapper or new to the hobby, it is a fun evening of scrapbooking, conversation and friendship with people who share your passion for scrapbooking. Mark your calendar for our next Scrapbooking Night on February 18th.

SVF Mom's Group Steering Committee

The following members serve on the 2010 Steering Committee:

- ✦ **LEADER**—Heather Leland
- ✦ **TREASURER**—Carrie Langworthy
- ✦ **HOSPITALITY**—Karen Mansfield
- ✦ **MOVIE CLUB**—Elizabeth Allspach
- ✦ **NEWSLETTER**—Meg Sharp
- ✦ **PRAYER READINGS**—Meg Runk
- ✦ **FOOD COORDINATOR**—Beth Ramsey

Meet our Members

The SVF Moms' Group is open to ALL mothers from the parish. Currently we have 19 active members of the group. If you know one of our members, give them a call and ask them to bring you to our next meeting.

Elizabeth Allspach—children: Joey & Julianne
Michele Carter—children: Nicholas & Sarah
Emily Clark—children: Mathias & Thomas
Lindsey Gailles—child: John Paul
Laura Geraci—children: Nicolai & Adalyne
Bartley Jutze—children: Katie, Maggie, Ellie & Molly
Noreen Kalafut—children: Maddie
Carrie Langworthy—children: Morgan
Heather Leland—child: Valary
Karen Mansfield—children: Sarah & Christopher
Shawn Pence—children: Katie, Robbie & Andrew
Beth Ramsey—children: Will & Kate
Megan Runk—children: Lily, Sonia & Danny
Meg Sharp—children: Gregory & Charlie
Diane Sichel—children: Adam, Jack, Emily, Nicole & Benjamin
Mari Smith—child: Will
April Voellmecke—children: Tyler, Preston & Caitlyn
Dawn Werling—child: Addison
Kate Wordeman—children: Ellie, Sarah, Henry & Margo



Recipe Exchange

Antipasto (Marinade) by Beth Ramsey

In a bowl mix together:
1/2 cup of red wine vinegar
1/3 cup olive oil
1 1/2 tsp Italian Seasoning
1 tsp crushed red pepper
1/2 tsp dry mustard
2 cloves of garlic (or more to taste)

Once all of the ingredients are mixed well dump into a ziplock bag.

Add any of the following ingredients cut into bite size pieces into the bag:
carrots (baby)
celery
tomatoes (grape work well)
mushrooms (cut in half)
olives (variety)
cherry peppers
banana peppers
artichoke hearts (drained from a can)
pepperoni
salami (folded into quarters)
real mozzarella cheese

Allow to marinate for several hours (or overnight) in the fridge. When ready to serve dump on a large serving platter and enjoy!

Upcoming Meetings

The SVF Moms' Group meets the first Wednesday of every month. All St. Vincent moms are WELCOME to come.

- **February 3, 2010— Dessert Night**
Bring your favorite dessert to share as we learn about cake decorating from Karen Mansfield & Gina Langworthy.
- **March 3, 2010— Health Night**
Share healthy food recipes and dishes as Mari Smith leads us in a Jazzercise class.
- **April 7, 2010—BUNKO Night**
Learn how to play Bunko and bring your favorite snack to share.

*The SVF Moms' Group exists to invite all mothers from St. Vincent Ferrer parish to come together to **Support** each other by embracing our common **Vision** of motherhood and by encouraging **Friendship** among us.*

For more information, please contact Heather Leland @ dhleland@fuse.net.